

# Ernie Els #GameON Autism<sup>TM</sup> Golf



I am going to learn how to play golf

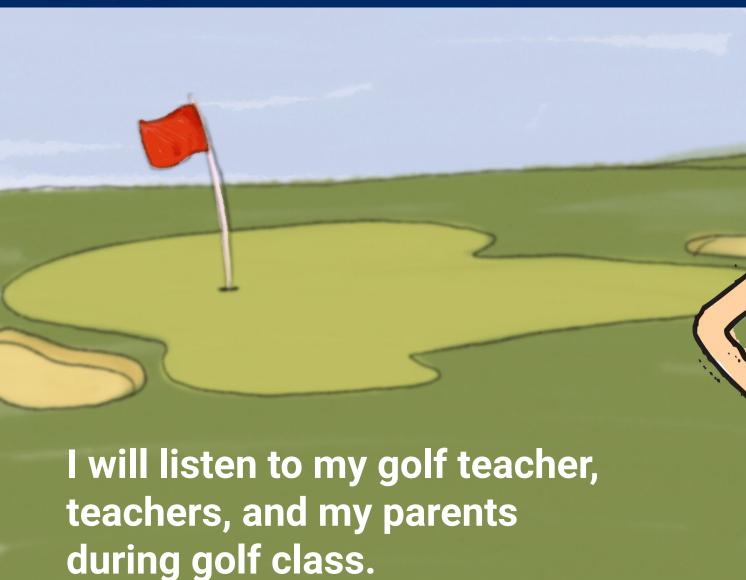


### What is #GameON Autism Golf?





### Who is going to teach me how to golf?







### What am I going to learn?

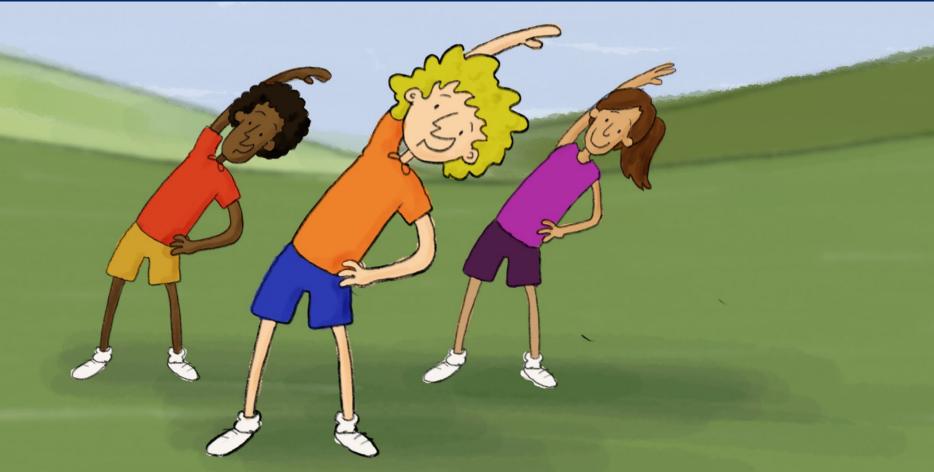


During golf, I am going to learn how to hold the golf club and how to stand over the golf ball.

I will learn how to make different kinds of golf swings, big and small.



#### I am going to exercise before I golf



I will be warming up and doing a few exercises before I start golf activities with my golf teacher.

We will warm-up together, and my golf teacher will show me what to do.



#### What kinds of golf activities will I do?

I will practice making big swings, small swings, and medium swings during fun golf activities.



These different swings are called: Putting, Chipping, Pitching, and Full Swing.



## Some RULES to follow....



I will take turns with my golf friends during golf activities.
I will wait in the safe area for my turn to hit.



## Some RULES to follow....



I will share the equipment with my golf friends during golf activities.



### Some RULES to follow....

I will listen to my golf teacher, and I will listen for the whistle.

The whistle will let me know when to switch activities.





### I will follow the rules during golf!





### What if I need a break?



If I get tired, hot, or thirsty
I will go to the break station.
There will be water and shade.

If I have to go to the bathroom,

I will tell my teacher or my

mom or dad and they will
take me back inside to use the bathroom.



I am going to have so much fun learning how to golf!

